

Pos	SexPos	Bib	Name	Surname	Sex	AG	Club	Swim	S_Pos	T1	Cycle	C_Pos	T2	Run	R_Pos	Finish	Pen	Total
1	1	356	Tim	Downing	M	25-29	TCD/3D	09:54	(2)	1:11	0:37:47	(2)	0:51	0:28:16	(4)	1:17:59		1:17:59
2	2	317	Wayne	Reid	M	25-29	Athlone	10:26	(7)	1:10	0:39:45	(8)	0:47	0:26:55	(1)	1:19:03		1:19:03
3	3	336	Michael	Lyons	M	20-24		11:49	(19)	1:26	0:38:04	(3)	0:58	0:28:12	(3)	1:20:29		1:20:29
4	4	54	Mike	Yelverton	M	15-19	Limerick Tri	10:10	(5)	1:00	0:39:06	(6)	0:35	0:29:46	(8)	1:20:37		1:20:37
5	5	181	Shane	Scully	M	30-34	Nenagh Triathlon club	10:29	(8)	0:57	0:38:32	(4)	0:41	0:30:09	(10)	1:20:48		1:20:48
6	6	45	Oisin	McGrath	M	25-29	Ennis Tri	09:56	(3)	1:05	0:41:33	(17)	0:35	0:29:57	(9)	1:23:05		1:23:05
7	7	122	Colm	Turner	M	20-24	Limerick Tri Club	12:10	(25)	1:32	0:40:05	(9)	0:43	0:27:23	(2)	1:21:53	2:00	1:23:53
8	8	232	Alan	Buckley	M	30-34	Limerick Triathlon Club	12:56	(36)	1:33	0:35:41	(1)	0:51	0:33:28	(26)	1:24:29		1:24:29
9	9	381	Ciaran	Bannan	M	30-34	Unattached	10:59	(10)	1:37	0:40:35	(13)	1:05	0:30:19	(11)	1:24:35		1:24:35
10	10	395	Niall	Somers	M	25-29		12:26	(27)	1:22	0:40:07	(10)	0:39	0:30:39	(12)	1:25:13		1:25:13
11	11	247	Mairtin	Grealish	M	25-29	Predator	13:02	(41)	1:28	0:40:43	(14)	0:46	0:29:36	(7)	1:25:35		1:25:35
12	12	37	Louis	Kelleher	M	25-29	Belpark	11:28	(18)	1:19	0:40:15	(11)	0:45	0:33:32	(27)	1:27:19		1:27:19
13	13	171	David	Richardson	M	20-24	Limerick Tri Club	11:08	(13)	1:11	0:43:01	(27)	1:15	0:32:26	(15)	1:29:00		1:29:00
14	14	126	Sean	Finn	M	40-44	CORK TRI	14:04	(69)	1:23	0:39:30	(7)	0:57	0:33:09	(21)	1:29:03		1:29:03
15	15	376	Alan	Kenny	M	25-29	3D	14:44	(96)	1:39	0:40:22	(12)	0:54	0:31:39	(13)	1:29:18		1:29:18
16	16	256	Fearghal	Mulvihill	M	25-29	3D Tri	10:42	(9)	1:10	0:43:31	(33)	0:45	0:33:21	(23)	1:29:29		1:29:29
17	1	371	Elizabeth	Lee	F	25-29	Cork Tri	12:03	(23)	1:11	0:43:55	(37)	0:47	0:31:40	(14)	1:29:35		1:29:35
18	17	347	Paul	Heavey	M	30-34	athlone triathlon club	12:00	(21)	1:36	0:42:39	(24)	1:06	0:32:42	(16)	1:30:03		1:30:03
19	18	125	Gerard	Daly	M	45-49		17:39	(207)	1:21	0:42:02	(19)	0:44	0:29:28	(6)	1:31:15		1:31:15
20	19	51	Tom	Walsh	M	30-34	ATHLONE TRIATHLON	12:36	(28)	1:29	0:43:34	(35)	0:45	0:33:18	(22)	1:31:42		1:31:42
21	20	326	Ronan	O'Flynn	M	25-29		15:45	(136)	1:39	0:41:33	(16)	0:50	0:32:54	(19)	1:32:41		1:32:41
22	21	190	Darren	Nevin	M	25-29		12:37	(29)	2:02	0:41:45	(18)	0:52	0:35:30	(42)	1:32:46		1:32:46
23	22	58	Noel	Ryan	M	30-34	WATERFORD	14:42	(95)	1:25	0:42:28	(22)	0:49	0:33:26	(24)	1:32:50		1:32:50
24	23	154	Colin	Duffin	M	35-39	n/a	14:40	(93)	1:54	0:40:51	(15)	1:05	0:35:15	(38)	1:33:45		1:33:45
25	24	271	Michael	Cussen	M	30-34		14:15	(78)	3:09	0:42:12	(21)	1:35	0:33:07	(20)	1:34:18		1:34:18
26	25	136	Keith	Barrett	M	30-34	no club	13:06	(44)	1:32	0:43:21	(30)	0:43	0:35:47	(44)	1:34:29		1:34:29
27	26	199	Brian	O Shaughnessy	M	35-39	limerick	12:57	(37)	1:26	0:43:32	(34)	0:42	0:35:54	(45)	1:34:32		1:34:32
28	27	143	John	OBrien	M	25-29	ennis tri	16:16	(159)	1:21	0:42:40	(25)	0:46	0:33:33	(28)	1:34:36		1:34:36
29	28	312	Mick	Davis	M	30-34	Ennis	11:06	(12)	1:45	0:43:19	(29)	0:52	0:37:38	(64)	1:34:39		1:34:39
30	2	357	Mary	Daly	F	45-49	midland	14:14	(77)	1:30	0:42:30	(23)	0:57	0:35:33	(43)	1:34:44		1:34:44
31	29	341	Shane Patrick	Molloy	M	30-34	Wicklow tri	13:31	(53)	1:21	0:45:09	(50)	0:58	0:34:19	(31)	1:35:18		1:35:18
32	3	353	Fionnuala	Britton	F	25-29		15:54	(144)	3:26	0:47:17	(83)	0:52	0:28:29	(5)	1:35:57		1:35:57
33	30	383	Marcus	Allen	M	45-49	Liquid Motion	15:09	(108)	1:49	0:43:29	(32)	0:58	0:35:16	(39)	1:36:41		1:36:41
34	31	29	John	Loughlin	M	30-34	Galway Triathlon Club									1:36:52		1:36:52
35	32	295	Marcus	Madden	M	25-29	Athlone Tri Club	14:26	(84)	1:15	0:44:16	(39)	0:55	0:36:00	(47)	1:36:52		1:36:52

Pos	SexPos	Bib	Name	Surname	Sex	AG	Club	Swim	S_Pos	T1	Cycle	C_Pos	T2	Run	R_Pos	Finish	Pen	Total
36	33	146	Denis	O Meara	M	35-39	nenagh tri club	12:21	(26)	1:31	0:45:13	(52)	0:59	0:37:00	(56)	1:37:05		1:37:05
37	34	339	Michael	Guerin	M	30-34		15:14	(112)	1:36	0:44:40	(43)	1:11	0:34:41	(33)	1:37:22		1:37:22
38	4	338	Niamh	Richardson	F	40-44	None	14:07	(71)	1:47	0:45:39	(60)	1:02	0:32:52	(18)	1:35:26	2:00	1:37:26
39	35	239	Johnny	Redmond	M	40-44	Limerick Tri	15:34	(123)	1:42	0:43:47	(36)	0:59	0:35:24	(40)	1:37:26		1:37:26
40	5	262	Derval	Devaney	F	30-34		14:03	(67)	1:37	0:46:46	(74)	1:16	0:33:47	(29)	1:37:29		1:37:29
41	36	82	Patrick	Kennedy	M	30-34	Limerick Triathlon Club	16:04	(151)	1:57	0:45:19	(54)	0:58	0:33:26	(25)	1:37:45		1:37:45
42	37	310	Stephen	OKane	M	25-29		15:48	(140)	2:11	0:44:47	(44)	1:31	0:33:50	(30)	1:38:08		1:38:08
43	38	222	Mike	O Grady	M	30-34		13:17	(46)	1:41	0:45:12	(51)	1:01	0:36:58	(55)	1:38:10		1:38:10
44	39	90	Henry	Sheridan	M	25-29	None	16:46	(176)	2:01	0:38:51	(5)	1:02	0:37:43	(66)	1:36:24	2:00	1:38:24
45	40	255	John	Hodge	M	30-34		15:15	(113)	2:13	0:42:06	(20)	1:17	0:37:56	(69)	1:38:47		1:38:47
46	41	248	Owen	Percy	M	35-39	Galway tri club	12:43	(31)	1:39	0:45:34	(58)	1:04	0:37:49	(67)	1:38:49		1:38:49
47	42	316	Liam	Looney	M	45-49		15:16	(114)	2:16	0:43:21	(31)	1:12	0:36:53	(53)	1:38:58		1:38:58
48	43	228	Noel	Higgins	M	40-44		11:12	(15)	1:33	0:45:46	(63)	1:01	0:39:31	(102)	1:39:04		1:39:04
49	44	236	Noel	Keane	M	35-39	Limerick Tri Club	15:35	(125)	1:52	0:42:50	(26)	0:50	0:38:25	(80)	1:39:32		1:39:32
50	45	71	Anthony	Corrigan	M	30-34		16:29	(167)	4:50	0:44:21	(40)	1:21	0:32:49	(17)	1:39:50		1:39:50
51	46	84	Adrian	O'Connell	M	35-39	None	15:33	(122)	1:48	0:45:00	(48)	1:02	0:36:56	(54)	1:40:18		1:40:18
52	47	185	Paul	Mallon	M	30-34	Limerick Tri Club	13:55	(63)	1:23	0:46:09	(68)	0:53	0:38:36	(83)	1:40:56		1:40:56
53	48	342	Aaron	Nulty	M	35-39	Athlone Tri Club	13:33	(55)	1:58	0:45:34	(57)	0:59	0:38:54	(87)	1:40:58		1:40:58
54	49	382	John	Kelly	M	25-29	Galway	18:19	(235)	2:05	0:44:32	(42)	1:05	0:35:05	(36)	1:41:05		1:41:05
55	50	114	John	Flannery	M	25-29	Galway	15:35	(124)	2:11	0:45:37	(59)	1:04	0:36:45	(50)	1:41:12		1:41:12
56	51	95	Michael	Keane	M	40-44	Limerick Triathlon Club	12:59	(38)	1:33	0:44:13	(38)	0:56	0:41:33	(140)	1:41:13		1:41:13
57	52	252	Wayne	McNulty	M	30-34		13:29	(51)	1:38	0:45:28	(56)	0:51	0:39:50	(109)	1:41:16		1:41:16
58	53	293	Graham	OKeeffe	M	30-34		13:03	(42)	1:52	0:44:56	(47)	1:20	0:40:10	(112)	1:41:21		1:41:21
59	54	213	Conor	Rooney	M	15-19	Ennis	09:58	(4)	1:11	0:50:02	(139)	0:33	0:39:42	(107)	1:41:26		1:41:26
60	6	152	Ailbhe	Healy	F	30-34	Limerick Tri Club	12:46	(32)	1:34	0:47:23	(88)	0:50	0:38:59	(91)	1:41:32		1:41:32
61	55	36	Paul	Corcoran	M	40-44	Limerick Triathlon Club	14:48	(99)	1:58	0:46:36	(73)	1:17	0:37:02	(57)	1:41:42		1:41:42
62	56	281	Patrick	Mullane	M	25-29		12:59	(40)	3:01	0:44:52	(45)	1:22	0:39:29	(100)	1:41:43		1:41:43
63	57	178	David	Meagher	M	45-49	Nenagh	13:57	(65)	2:11	0:45:41	(61)	1:03	0:38:53	(86)	1:41:46		1:41:46
64	58	279	Darren	O'Connell	M	30-34		14:09	(73)	2:45	0:47:20	(86)	1:00	0:36:47	(52)	1:42:01		1:42:01
65	59	64	Brian	O'Rourke	M	25-29	Nenagh Tri	14:10	(74)	1:33	0:47:35	(91)	0:48	0:38:10	(75)	1:42:16		1:42:16
66	60	46	Brian	D'Arcy	M	25-29	Nil	13:24	(48)	1:45	0:47:21	(87)	1:00	0:38:57	(90)	1:42:25		1:42:25
67	61	41	Maurice	Hurley	M	35-39		14:25	(83)	2:04	0:46:48	(77)	0:56	0:38:28	(81)	1:42:41		1:42:41
68	62	176	Eugene	Cusack	M	35-39		15:48	(139)	1:27	0:47:32	(90)	0:51	0:37:04	(58)	1:42:41		1:42:41
69	7	226	Deirdre	Kearney	F	35-39	Limerick	10:12	(6)	1:16	0:50:01	(138)	0:48	0:40:30	(120)	1:42:46		1:42:46
70	63	175	Tim	O'Sullivan	M	30-34		14:27	(86)	1:49	0:47:58	(101)	0:38	0:38:07	(73)	1:43:00		1:43:00

Pos	SexPos	Bib	Name	Surname	Sex	AG	Club	Swim	S_Pos	T1	Cycle	C_Pos	T2	Run	R_Pos	Finish	Pen	Total
71	64	157	Andrew	Deakin	M	30-34		17:50	(213)	1:51	0:44:52	(46)	1:15	0:37:13	(60)	1:43:01		1:43:01
72	65	369	Tony	Chawke	M	35-39	Limerick Tri Club	15:37	(126)	1:23	0:43:16	(28)	1:00	0:41:48	(145)	1:43:04		1:43:04
73	66	280	Daithi	O'Connell	M	25-29		13:26	(50)	2:42	0:49:27	(129)	1:25	0:36:17	(49)	1:43:16		1:43:16
74	8	260	Tara	Whyte	F	25-29	Galway	14:47	(97)	1:43	0:49:52	(134)	1:36	0:35:28	(41)	1:43:26		1:43:26
75	67	234	Bryan	Kelly	M	30-34	none	14:15	(79)	2:05	0:45:48	(65)	0:51	0:40:29	(119)	1:43:28		1:43:28
76	68	79	Mark	Dempsey	M		Limerick	11:53	(20)	1:17	0:46:52	(79)	0:51	0:40:47	(128)	1:41:41	2:00	1:43:41
77	69	119	Paul	Grennan	M	20-24	N/A	13:25	(49)	2:11	0:50:06	(141)	0:53	0:37:11	(59)	1:43:46		1:43:46
78	70	130	Robert	Greene	M	20-24		13:42	(58)	1:45	0:48:01	(103)	0:46	0:39:34	(105)	1:43:48		1:43:48
79	71	77	Seamus	Lynch	M	40-44	Limerick tri Club	16:49	(179)	1:59	0:45:24	(55)	1:26	0:38:12	(76)	1:43:50		1:43:50
80	72	391	Tom	Kiely	M	40-44	athlone	16:43	(173)	2:14	0:45:52	(66)	1:04	0:38:00	(70)	1:43:52		1:43:52
81	9	251	Norma	Harnedy	F	30-34	Limerick Tri	16:54	(180)	2:41	0:48:04	(104)	1:08	0:35:09	(37)	1:43:56		1:43:56
82	73	161	Marc	O'Cathasaigh	M	30-34	Waterford Tri Club	14:13	(76)	1:51	0:45:47	(64)	1:06	0:41:05	(132)	1:44:03		1:44:03
83	74	186	Joe	Mc Carthy	M	35-39		14:39	(91)	2:18	0:49:39	(133)	1:01	0:36:47	(51)	1:44:23		1:44:23
84	10	386	Andree	Walkin	F	25-29		13:38	(57)	1:23	0:47:44	(95)	1:08	0:40:31	(121)	1:44:24		1:44:24
85	75	389	David	Dolan	M	35-39		07:42	(1)	2:44	0:50:53	(148)	1:41	0:41:27	(138)	1:44:28		1:44:28
86	76	351	Eddie	Swords	M	35-39	none	16:36	(171)	2:16	0:45:16	(53)	1:09	0:39:16	(98)	1:44:32		1:44:32
87	77	131	Brian Daragh	Murphy	M	30-34		11:15	(16)	1:43	0:48:10	(108)	0:55	0:42:30	(165)	1:44:33		1:44:33
88	78	370	Maurice	Mc Cartan	M	30-34	Ennis	19:06	(259)	1:47	0:44:29	(41)	1:13	0:35:58	(46)	1:42:33	2:00	1:44:33
89	79	140	Randal	Considine	M	30-34	NA	15:47	(137)	2:36	0:47:02	(82)	0:56	0:38:20	(78)	1:44:40		1:44:40
90	80	214	Dan	Cahill	M	40-44		15:40	(129)	2:15	0:45:00	(49)	1:48	0:39:59	(111)	1:44:41		1:44:41
91	81	141	Patrick	Aherne	M	20-24		17:04	(186)	1:47	0:49:07	(122)	0:35	0:36:14	(48)	1:44:46		1:44:46
92	82	34	Gordon	Brett	M	35-39	Athlone Triathlon Club	17:44	(208)	2:16	0:46:00	(67)	1:36	0:37:27	(61)	1:45:04		1:45:04
93	83	387	Mike	Jones	M	25-29		14:08	(72)	1:09	0:50:49	(146)	1:05	0:38:08	(74)	1:45:19		1:45:19
94	84	284	Alan	Cusack	M	30-34		16:25	(166)	2:34	0:47:18	(85)	0:46	0:38:17	(77)	1:45:20		1:45:20
95	11	244	Deirdre	McCarthy	F	25-29	Belpark	16:23	(165)	1:37	0:47:40	(93)	0:48	0:39:02	(92)	1:45:31		1:45:31
96	85	159	Mark	Cullen	M	30-34	Triathlon Ireland	18:02	(225)	1:58	0:46:25	(72)	1:08	0:38:00	(71)	1:45:33		1:45:33
97	12	156	Lisa	Deakin	F	25-29										1:45:33		1:45:33
98	86	292	Mark	O'Brien	M	15-19		11:09	(14)	2:25	0:50:59	(152)	1:15	0:40:23	(117)	1:46:11		1:46:11
99	87	202	Bernard	Cunningham	M	25-29	limerick	14:06	(70)	1:29	0:48:25	(111)	1:02	0:41:11	(136)	1:46:12		1:46:12
100	88	127	Noel	Costello	M	35-39		19:01	(255)	2:14	0:46:15	(70)	0:41	0:38:21	(79)	1:46:33		1:46:33
101	89	322	Robby	Lodge	M	35-39		11:18	(17)	2:31	0:50:40	(145)	1:24	0:40:43	(127)	1:46:37		1:46:37
102	90	354	Mark	Britton	M	20-24		15:51	(143)	2:14	0:49:52	(135)	0:50	0:37:52	(68)	1:46:38		1:46:38
103	91	63	Kevin	Curtin	M	30-34		15:11	(109)	2:05	0:48:39	(116)	0:44	0:40:13	(113)	1:46:52		1:46:52
104	92	277	Ruairi	Hayden	M	30-34		14:55	(101)	3:08	0:48:26	(112)	1:20	0:39:16	(97)	1:47:05		1:47:05
105	93	230	John	O Meara	M	40-44		15:38	(127)	3:38	0:46:53	(80)	2:10	0:38:53	(85)	1:47:12		1:47:12

Pos	SexPos	Bib	Name	Surname	Sex	AG	Club	Swim	S_Pos	T1	Cycle	C_Pos	T2	Run	R_Pos	Finish	Pen	Total
106	94	165	Joe	Hughes	M	30-34	Gallacticos	18:46	(245)	2:12	0:46:23	(71)	1:17	0:38:34	(82)	1:47:12		1:47:12
107	95	261	John	Deegan	M	40-44	limerick	17:46	(209)	2:42	0:47:57	(99)	1:14	0:37:35	(63)	1:47:14		1:47:14
108	96	350	Barry	Hammond	M	35-39	Limerick	16:10	(154)	3:29	0:46:14	(69)	1:45	0:39:40	(106)	1:47:18		1:47:18
109	97	99	Ronan	Ryan	M	25-29	3d	13:05	(43)	1:55	0:47:41	(94)	1:00	0:43:40	(181)	1:47:21		1:47:21
110	98	147	Noel	O Meara	M	40-44		12:01	(22)	2:47	0:51:00	(153)	1:16	0:40:20	(115)	1:47:24		1:47:24
111	99	55	Will	Johns	M	35-39	LOUGH KEY TRIATHLON	15:00	(102)	2:02	0:47:01	(81)	1:30	0:42:08	(156)	1:47:40		1:47:40
112	100	348	Darren	Casey	M	30-34	no club	17:56	(217)	2:58	0:46:46	(75)	0:56	0:39:06	(93)	1:47:42		1:47:42
113	101	57	Tony	King	M	35-39	none	16:06	(152)	1:55	0:48:00	(102)	1:33	0:40:20	(116)	1:47:54		1:47:54
114	102	139	Bryan	Mathias	M	35-39	Ennis Tri Club	13:43	(59)	1:42	0:48:45	(118)	1:01	0:43:01	(173)	1:48:12		1:48:12
115	103	320	Ivan	Kelly	M	35-39		16:19	(162)	2:25	0:48:07	(106)	0:49	0:40:37	(124)	1:48:16		1:48:16
116	104	366	Emlyn	Maher	M	30-34		21:19	(274)	1:59	0:48:22	(110)	1:42	0:35:01	(34)	1:48:23		1:48:23
117	105	177	Mick	Moran	M	40-44	Defence Forces Triathlon	16:18	(160)	2:25	0:48:06	(105)	0:44	0:38:56	(89)	1:46:29	2:00	1:48:29
118	106	237	Brian	Corcoran	M	40-44	none	16:09	(153)	2:17	0:48:11	(109)	1:08	0:40:48	(129)	1:48:34		1:48:34
119	13	195	Aoife	Mahony	F	25-29	Cork Tri	18:12	(232)	1:47	0:48:30	(113)	0:44	0:39:33	(103)	1:48:45		1:48:45
120	107	212	Micheal	Rooney	M	40-44	Ennis	13:32	(54)	1:51	0:49:06	(121)	1:01	0:43:18	(175)	1:48:48		1:48:48
121	108	253	John	Wilson	M	25-29	NONE	15:50	(141)	1:59	0:49:38	(132)	1:53	0:39:31	(101)	1:48:51		1:48:51
122	109	129	Kevin	Buckley	M	25-29		14:21	(82)	2:09	0:50:15	(143)	0:40	0:41:30	(139)	1:48:55		1:48:55
123	110	93	Mark	King	M	30-34	Individual	15:21	(116)	1:57	0:51:19	(164)	0:40	0:39:46	(108)	1:49:04		1:49:04
124	111	394	Pat	O'Loan	M	35-39		12:59	(39)	2:24	0:51:10	(158)	1:27	0:41:08	(134)	1:49:09		1:49:09
125	112	274	Christy	Power	M	40-44		14:19	(80)	2:04	0:49:37	(131)	1:15	0:42:19	(160)	1:49:33		1:49:33
126	113	305	Brendan	Delaney	M	30-34	Nenagh	15:04	(104)	2:05	0:47:52	(96)	0:53	0:43:51	(186)	1:49:44		1:49:44
127	114	204	Jim	Schofield	M	45-49		21:44	(280)	2:21	0:49:11	(124)	1:24	0:35:04	(35)	1:49:45		1:49:45
128	115	110	Vincent	Harrington	M	35-39	None	16:14	(157)	2:34	0:47:17	(84)	1:32	0:42:22	(162)	1:49:59		1:49:59
129	116	319	Pat	Bilbow	M	40-44	Liquid motion	18:27	(238)	1:40	0:46:51	(78)	1:03	0:42:10	(157)	1:50:10		1:50:10
130	117	402	Ivan	Yelverton	M	45-49										1:50:11		1:50:11
131	118	257	Richard	McCarthy	M	25-29	GALWAY TRI CLUB	14:26	(85)	2:17	0:47:57	(100)	1:52	0:43:46	(183)	1:50:18		1:50:18
132	119	169	Shane	Talty	M	25-29		15:30	(119)	2:00	0:50:56	(151)	1:21	0:40:40	(126)	1:50:28		1:50:28
133	120	238	Aidan	Bourke	M	25-29	n/a	17:49	(212)	2:38	0:47:55	(98)	0:52	0:41:15	(137)	1:50:29		1:50:29
134	121	179	Marcus	Boland	M	40-44	ATHLONE TRI CLUB	15:39	(128)	1:53	0:50:12	(142)	1:03	0:41:43	(143)	1:50:31		1:50:31
135	122	65	Tony	Kirby	M	40-44		14:47	(98)	2:32	0:51:06	(156)	0:40	0:41:46	(144)	1:50:51		1:50:51
136	123	111	Justin	Cottrell	M	30-34	Nenagh	12:55	(35)	2:26	0:52:10	(177)	1:20	0:42:03	(153)	1:50:53		1:50:53
137	14	329	Shirley	Potter	F	30-34	GALWAY	19:04	(258)	2:47	0:45:44	(62)	1:23	0:41:57	(151)	1:50:55		1:50:55
138	124	229	Donal	Breen	M	40-44	Limerick TC	18:53	(248)	2:12	0:49:26	(127)	1:20	0:39:15	(96)	1:51:07		1:51:07
139	15	288	Zanya	Dahl	F	30-34		16:16	(158)	3:05	0:50:53	(147)	0:55	0:40:18	(114)	1:51:26		1:51:26
140	125	390	Aidan	Fleming	M	35-39	Vistakon	16:23	(164)	2:16	0:49:08	(123)	1:00	0:42:41	(168)	1:51:28		1:51:28

Pos	SexPos	Bib	Name	Surname	Sex	AG	Club	Swim	S_Pos	T1	Cycle	C_Pos	T2	Run	R_Pos	Finish	Pen	Total
141	16	107	Marie	Brady	F	45-49	none	15:07	(107)	2:11	0:51:17	(163)	0:59	0:42:06	(154)	1:51:40		1:51:40
142	126	254	Immanuel	Hennessy	M	25-29		16:02	(149)	3:07	0:47:53	(97)	1:04	0:43:57	(188)	1:52:03		1:52:03
143	17	74	Jackie	O Connor	F	30-34		17:07	(187)	2:18	0:52:55	(188)	1:09	0:38:45	(84)	1:52:14		1:52:14
144	18	278	Anne	Goggin	F	40-44	Unaffiliated	18:59	(252)	3:16	0:51:06	(155)	1:30	0:37:32	(62)	1:52:24		1:52:24
145	127	362	Joe	Ryan	M	35-39	none	18:08	(229)	1:56	0:49:26	(128)	1:13	0:41:42	(142)	1:52:24		1:52:24
146	128	313	Chris	Lawlor	M	25-29		17:20	(199)	4:47	0:48:08	(107)	1:18	0:40:52	(130)	1:52:25		1:52:25
147	129	368	John	MacHale	M	30-34		17:38	(206)	4:01	0:46:47	(76)	2:02	0:41:57	(150)	1:52:25		1:52:25
148	130	149	Patrick	Moylan	M	35-39	Ennis Tri	17:27	(201)	2:23	0:49:04	(120)	0:57	0:42:50	(172)	1:52:41		1:52:41
149	131	367	Paul	Kelleher	M	30-34		15:42	(133)	2:21	0:49:58	(137)	1:09	0:43:35	(179)	1:52:44		1:52:44
150	132	352	James	Lynch	M	30-34		17:07	(188)	3:29	0:51:07	(157)	1:12	0:39:50	(110)	1:52:45		1:52:45
151	19	294	Maria	Carey	F	30-34		18:59	(253)	4:27	0:53:35	(196)	1:14	0:34:33	(32)	1:52:48		1:52:48
152	133	302	Frank	Kierman	M	30-34		20:47	(270)	1:42	0:47:25	(89)	1:11	0:41:48	(146)	1:52:54		1:52:54
153	20	264	Madeline	Ronan	F	30-34	TriCW	14:38	(90)	2:36	0:49:12	(125)	1:06	0:45:27	(210)	1:52:59		1:52:59
154	21	308	Linda	Delaney	F	30-34		17:53	(215)	2:54	0:49:21	(126)	0:48	0:42:10	(158)	1:53:06		1:53:06
155	22	38	Edel	Quinn	F	25-29	Limerick	13:15	(45)	1:44	0:51:39	(168)	1:09	0:45:25	(209)	1:53:12		1:53:12
156	134	300	Geoffrey	Carey	M	30-34		15:05	(105)	2:18	0:52:59	(190)	0:52	0:42:22	(161)	1:53:36		1:53:36
157	135	142	Anthony	O'Shaughnessy	M	25-29		16:04	(150)	3:48	0:52:04	(174)	1:16	0:40:32	(122)	1:53:44		1:53:44
158	23	349	Helen	French	F	35-39		18:00	(221)	2:20	0:53:03	(193)	0:54	0:39:33	(104)	1:53:50		1:53:50
159	136	72	Eoin	Cashin	M	30-34		13:37	(56)	2:59	0:51:44	(169)	1:14	0:44:17	(192)	1:53:51		1:53:51
160	137	355	Conor	Byrne	M	30-34	Ennis Tri Club	16:56	(182)	2:38	0:51:15	(162)	1:30	0:41:54	(149)	1:54:13		1:54:13
161	24	323	Clare	Lodge	F	35-39		17:09	(191)	2:13	0:54:47	(209)	0:47	0:39:19	(99)	1:54:15		1:54:15
162	138	201	Thomas	O'Donnell	M	55-59	Limerick	13:30	(52)	2:22	0:52:03	(173)	1:30	0:45:11	(207)	1:54:36		1:54:36
163	139	331	Charlie	Gannon	M	30-34	cork tri	16:01	(148)	2:16	0:51:36	(167)	1:08	0:43:44	(182)	1:54:44		1:54:44
164	140	224	Pat	Finn	M	25-29	Ennis Tri Club	13:53	(62)	2:38	0:54:28	(207)	0:40	0:43:27	(178)	1:55:06		1:55:06
165	141	258	Brian	Nevin	M	35-39	ennis tri									1:55:14		1:55:14
166	142	49	Brian	Bliss	M	30-34		15:17	(115)	1:54	0:49:32	(130)	1:16	0:47:24	(232)	1:55:22		1:55:22
167	25	301	Gina	Lyons	F	30-34	Blackwater	17:55	(216)	2:18	0:54:48	(210)	1:14	0:39:14	(95)	1:55:29		1:55:29
168	143	379	Ronan	Kane	M	25-29		13:59	(66)	3:52	0:52:49	(184)	1:04	0:43:47	(184)	1:55:32		1:55:32
169	144	215	Tony	Berkery	M	45-49		17:52	(214)	2:49	0:51:11	(159)	1:24	0:42:18	(159)	1:55:33		1:55:33
170	145	380	Aidan	Kearney	M	30-34		17:16	(196)	3:58	0:51:20	(165)	1:10	0:41:50	(147)	1:55:34		1:55:34
171	146	392	Rory	Burke	M	25-29		16:18	(161)	2:24	0:52:52	(187)	1:54	0:42:08	(155)	1:55:36		1:55:36
172	147	311	Hugh	Dowling	M	30-34	Ennis	15:40	(130)	2:05	0:50:04	(140)	1:12	0:46:49	(225)	1:55:51		1:55:51
173	148	268	Graham	Power	M	30-34	LIMERICK	13:51	(61)	2:15	0:54:03	(202)	1:06	0:44:39	(200)	1:55:54		1:55:54
174	26	321	Orla	Foley	F	30-34	LIMERICK	14:54	(100)	2:05	0:55:24	(219)	1:53	0:42:00	(152)	1:56:16		1:56:16
175	27	200	Orla	Mooney	F	30-34	Limerick Triathlon Club	12:52	(34)	2:00	0:51:12	(160)	1:21	0:49:07	(247)	1:56:32		1:56:32

Pos	SexPos	Bib	Name	Surname	Sex	AG	Club	Swim	S_Pos	T1	Cycle	C_Pos	T2	Run	R_Pos	Finish	Pen	Total
176	149	361	Garrett	Mackey	M	30-34		15:30	(118)	2:38	0:54:01	(200)	1:05	0:43:24	(177)	1:56:38		1:56:38
177	28	91	Ursula	Mc Carthy	F	30-34	Limerick	15:50	(142)	3:28	0:51:59	(171)	0:51	0:44:35	(198)	1:56:43		1:56:43
178	29	76	Edel	Kelleher	F	40-44		25:16	(292)	2:25	0:48:35	(115)	1:22	0:39:13	(94)	1:56:52		1:56:52
179	30	344	Carol	Sinnott	F	25-29	waterford	17:37	(205)	2:30	0:52:09	(176)	1:19	0:43:40	(180)	1:57:16		1:57:16
180	150	276	Simon	Jennings	M	35-39		15:05	(106)	4:46	0:56:01	(223)	1:12	0:40:25	(118)	1:57:29		1:57:29
181	31	283	Diana	Hogan-Murphy	F	30-34	Predator	15:45	(135)	1:38	0:56:46	(235)	0:47	0:42:38	(167)	1:57:34		1:57:34
182	32	70	Karen	Grant	F	30-34	Cork	18:05	(227)	3:16	0:52:43	(183)	0:59	0:42:35	(166)	1:57:38		1:57:38
183	151	52	Dermot	Clancy	M	30-34	Ennis	14:41	(94)	1:55	0:56:03	(224)	0:59	0:44:13	(190)	1:57:51		1:57:51
184	152	31	Michael	Clancy	M	30-34		12:05	(24)	21:55	0:48:45	(117)	0:46	0:56:18	(287)	1:57:54		1:57:54
185	33	275	Martina	O Mahoney	F	30-34	Limerick tri club	18:26	(237)	2:14	0:58:42	(254)	0:51	0:37:43	(65)	1:57:55		1:57:55
186	153	378	Denis	Kelleher	M	25-29		15:32	(121)	3:03	0:49:56	(136)	0:48	0:48:54	(242)	1:58:13		1:58:13
187	154	144	Philip	Rossiter	M	35-39		21:44	(279)	2:16	0:52:03	(172)	1:23	0:41:11	(135)	1:58:35		1:58:35
188	155	337	Brendan	Lyons	M	20-24		18:50	(247)	2:52	0:51:13	(161)	1:15	0:44:29	(196)	1:58:40		1:58:40
189	156	332	Paul	McCloskey	M	40-44		18:10	(231)	2:32	0:54:16	(205)	0:49	0:41:01	(131)	1:56:48	2:00	1:58:48
190	157	365	Tommy	Lees	M	25-29		18:01	(223)	3:01	0:52:42	(182)	1:19	0:43:48	(185)	1:58:51		1:58:51
191	34	87	Helen	O'Leary	F	25-29		17:13	(194)	2:03	0:53:01	(191)	0:46	0:45:50	(215)	1:58:54		1:58:54
192	158	289	John	Lee	M	35-39	Predator Tri Club	15:24	(117)	3:47	0:56:13	(227)	1:11	0:42:26	(164)	1:59:01		1:59:01
193	35	83	Kate	Kenefick	F	25-29	Blackwater Triathlon Club	15:32	(120)	2:13	0:52:23	(179)	1:15	0:47:38	(233)	1:59:01		1:59:01
194	36	360	Raedi	Higgins	F	25-29	belpark	18:14	(233)	2:32	0:51:45	(170)	1:51	0:44:38	(199)	1:59:01		1:59:01
195	159	104	Keith	Connolly	M	30-34	Galway Triathlon Club	20:20	(269)	2:39	0:48:33	(114)	2:12	0:45:38	(212)	1:59:21		1:59:21
196	37	303	Ann	Lyons	F	30-34		17:13	(193)	2:04	0:54:58	(213)	0:59	0:44:12	(189)	1:59:26		1:59:26
197	160	291	Nick	Friel	M	40-44	Athlone Tri Club	14:40	(92)	2:53	0:53:56	(199)	1:32	0:46:26	(221)	1:59:27		1:59:27
198	38	396	Norah	Waldron	F	30-34		14:10	(75)	3:15	0:58:19	(246)	1:24	0:42:24	(163)	1:59:32		1:59:32
199	161	358	Michael	Greally	M	40-44	None	17:34	(204)	3:11	0:52:06	(175)	1:48	0:45:09	(204)	1:59:48		1:59:48
200	39	203	Alana	Cunningham	F	30-34		13:56	(64)	2:31	0:53:10	(194)	1:23	0:48:50	(241)	1:59:50		1:59:50
201	162	172	Barry	Heelan	M	40-44	None	16:12	(156)	2:45	0:51:27	(166)	1:06	0:48:38	(239)	2:00:08		2:00:08
202	40	242	Olive	O'Reilly	F	30-34	Carrick On Suir	16:58	(183)	2:57	0:55:23	(218)	0:55	0:44:23	(194)	2:00:36		2:00:36
203	41	85	Oonagh	Morrissy	F	20-24		16:12	(155)	4:46	0:52:52	(185)	1:41	0:45:11	(206)	2:00:41		2:00:41
204	163	134	Greg	Coulter	M	35-39		14:36	(89)	2:25	1:00:10	(262)	0:44	0:43:14	(174)	2:01:09		2:01:09
205	164	220	Sean	Bryan	M	40-44		22:01	(282)	3:35	0:51:04	(154)	1:08	0:43:24	(176)	2:01:10		2:01:10
206	42	145	Selene	Kinahan	F	30-34	Cork Tri Club	16:22	(163)	3:23	0:56:33	(232)	1:05	0:44:14	(191)	2:01:36		2:01:36
207	43	307	Niamh	Spratt	F	30-34		15:01	(103)	3:46	0:54:07	(203)	1:02	0:47:45	(234)	2:01:41		2:01:41
208	165	359	Paul	Brennan	M	40-44	None	17:21	(200)	2:54	0:53:41	(198)	1:23	0:46:25	(220)	2:01:44		2:01:44
209	166	235	Barry	Doyle	M	35-39	Predator	14:03	(68)	2:49	1:00:43	(264)	1:27	0:42:41	(169)	2:01:44		2:01:44
210	167	315	Ger	Sheehan	M	40-44		13:18	(47)	2:30	0:54:02	(201)	1:07	0:50:53	(263)	2:01:50		2:01:50

Pos	SexPos	Bib	Name	Surname	Sex	AG	Club	Swim	S_Pos	T1	Cycle	C_Pos	T2	Run	R_Pos	Finish	Pen	Total
211	168	207	Jonathan	Fahey	M	30-34	Sligo City Triathlon Club	19:10	(260)	2:15	0:52:56	(189)	1:22	0:46:09	(216)	2:01:51		2:01:51
212	169	194	Barry	Kilmartin	M	30-34	Mullaghmore (MSC Tri)	17:48	(211)	2:46	0:52:42	(181)	1:27	0:47:12	(230)	2:01:54		2:01:54
213	170	287	Olaf	O'Neill	M	40-44	Athlone Triathlon Club	11:03	(11)	2:52	0:50:54	(149)	1:28	0:55:45	(285)	2:02:02		2:02:02
214	171	43	Paul	Kearney	M	35-39	Limerick Triathlon									2:02:03		2:02:03
215	44	282	Deirdre	O' Donoghue	F	30-34	Pulse	17:28	(202)	2:38	0:56:17	(228)	1:04	0:44:40	(201)	2:02:08		2:02:08
216	45	89	Ann-Maria	McCarthy	F	30-34		22:45	(284)	3:01	0:52:29	(180)	1:21	0:42:50	(171)	2:02:26		2:02:26
217	172	296	Mick	Clune	M	30-34		16:42	(172)	3:21	0:53:03	(192)	1:21	0:48:08	(236)	2:02:35		2:02:35
218	173	166	Ciaran	Dunne	M	25-29		17:48	(210)	2:13	0:52:19	(178)	1:18	0:49:05	(246)	2:02:43		2:02:43
219	174	364	Brendan	Doyle	M	30-34	tricw	29:33	(302)	2:46	0:49:02	(119)	0:54	0:40:32	(123)	2:02:48		2:02:48
220	46	340	Caroline	Shinners	F	30-34		16:31	(169)		0:57:37	(244)		0:48:45	(240)	2:02:53		2:02:53
221	175	193	Brian	Bresnan	M	35-39	Limerick	13:48	(60)	3:16	0:55:25	(221)	1:29	0:48:56	(243)	2:02:54		2:02:54
222	47	334	Bairbre	Hickey	F	40-44	Cork Tri Club	15:47	(138)	2:12	0:54:20	(206)	1:32	0:49:20	(250)	2:03:11		2:03:11
223	48	138	Sinead	Heskin	F	35-39	cork tri club									2:03:11	2:00	2:03:11
224	176	249	Martin	McNamara	M	40-44	none	18:02	(224)	2:55	0:55:30	(222)	1:39	0:45:10	(205)	2:03:15		2:03:15
225	177	223	Albert	Quigley	M	25-29		18:58	(251)	4:30	0:50:19	(144)	1:17	0:48:15	(238)	2:03:19		2:03:19
226	49	148	Miriam	McCormack	F	30-34	Limerick Tri Club	17:18	(197)	1:31	0:53:39	(197)	1:03	0:49:48	(256)	2:03:19		2:03:19
227	178	272	Fiachra	Moloney	M	20-24		20:05	(267)	3:10	0:50:54	(150)	1:13	0:48:08	(237)	2:03:31		2:03:31
228	179	158	Peter	Silke	M	30-34		15:13	(111)	1:33	0:59:13	(255)	1:01	0:46:32	(222)	2:03:32		2:03:32
229	180	80	Sean	Heaney	M	30-34		17:33	(203)	3:27	0:55:25	(220)	1:09	0:46:18	(219)	2:03:52		2:03:52
230	181	227	Ros	Prendergast	M	30-34		16:45	(175)	2:47	0:54:57	(212)	0:50	0:48:58	(244)	2:04:17		2:04:17
231	50	219	Hillary	Dowling	F	25-29		16:30	(168)	3:28	0:56:30	(230)	0:52	0:47:12	(229)	2:04:32		2:04:32
232	182	400	Luis	Montoto	M	30-34		27:42	(297)	5:19	0:47:38	(92)	2:56	0:41:06	(133)	2:04:40		2:04:40
233	183	375	Rory	Higgins	M	25-29		20:17	(268)	4:00	0:58:33	(250)	1:13	0:40:38	(125)	2:04:40		2:04:40
234	184	33	Rory	Clancy	M	25-29		15:41	(132)	3:48	0:52:52	(186)	0:52	0:51:37	(270)	2:04:49		2:04:49
235	185	330	John	Hurley	M	40-44		18:45	(243)	3:29	0:57:13	(241)	0:51	0:44:45	(202)	2:05:02		2:05:02
236	186	233	Kevin	Sheridan	M	45-49	Galway Triathlon Club	18:09	(230)	3:10	0:58:21	(247)	1:06	0:44:17	(193)	2:05:04		2:05:04
237	51	115	Bridget	O' Halloran	F	25-29		17:19	(198)	3:34	0:57:20	(242)	1:45	0:45:14	(208)	2:05:11		2:05:11
238	52	265	Mary	O Connor	F	40-44	none	18:35	(240)	2:43	1:04:44	(285)	1:08	0:38:01	(72)	2:05:11		2:05:11
239	53	47	Louise	Kirrane	F	25-29	Ennis	15:12	(110)	2:25	0:54:13	(204)	1:19	0:52:19	(273)	2:05:28		2:05:28
240	54	123	Mary	Crosbie	F	30-34		18:25	(236)	4:02	0:55:05	(214)	1:12	0:47:13	(231)	2:05:56		2:05:56
241	187	314	Ted	Crowley	M	25-29		21:32	(275)	4:16	0:55:10	(215)	1:02	0:44:32	(197)	2:06:31		2:06:31
242	55	155	Deirdre	Casey	F	30-34		19:02	(256)	2:50	0:58:42	(253)	0:51	0:45:09	(203)	2:06:35		2:06:35
243	188	50	Paul	Gallagher	M	25-29		16:58	(184)	3:25	1:01:01	(267)	1:41	0:43:55	(187)	2:07:00		2:07:00
244	189	240	Donough	Cassidy	M	30-34		16:45	(174)	5:27	1:01:21	(269)	2:21	0:41:36	(141)	2:07:29		2:07:29
245	56	151	Maighread	McMahon	F	30-34	TriCW	14:33	(88)	3:17	0:59:14	(256)	1:06	0:49:32	(254)	2:07:42		2:07:42

Pos	SexPos	Bib	Name	Surname	Sex	AG	Club	Swim	S_Pos	T1	Cycle	C_Pos	T2	Run	R_Pos	Finish	Pen	Total
246	190	263	Seamus	Philbin	M	35-39		23:05	(286)	2:53	0:54:57	(211)	1:03	0:45:44	(213)	2:07:42		2:07:42
247	57	26	Majella	Scanlan	F	30-34	pirahana	16:49	(178)	1:55	0:58:34	(251)	1:13	0:49:21	(251)	2:07:52		2:07:52
248	191	245	Mike	Galvin	M	45-49		17:11	(192)	3:00	0:56:21	(229)	0:50	0:50:59	(265)	2:08:21		2:08:21
249	192	309	Michael	Mulcahy	M	30-34		18:54	(249)	4:21	0:56:03	(225)	1:11	0:48:03	(235)	2:08:32		2:08:32
250	58	318	Mairead	Smyth	F	25-29		17:02	(185)	2:14	0:58:23	(248)	0:56	0:50:25	(261)	2:08:59		2:08:59
251	59	373	Siobhan	Whyte	F	25-29		17:08	(189)	2:32	0:57:09	(240)	0:49	0:51:25	(269)	2:09:03		2:09:03
252	193	250	Brian	Lynch	M	30-34		19:03	(257)	3:35	0:57:03	(238)	1:34	0:49:17	(249)	2:10:32		2:10:32
253	194	304	Shane Anthony	Cardiff	M	15-19		18:45	(244)	2:30	1:02:08	(276)	1:06	0:46:14	(217)	2:10:42		2:10:42
254	195	327	Donagh	O'Sullivan	M	40-44		15:41	(131)	7:09	1:04:58	(286)	1:09	0:41:50	(148)	2:10:46		2:10:46
255	196	184	Frank	Nyhan	M	20-24		19:20	(262)	5:19	1:02:02	(275)	1:42	0:42:43	(170)	2:11:05		2:11:05
256	61	160	Jenny	Whelan	F	30-34		22:51	(285)	2:33	1:00:14	(263)	1:09	0:44:26	(195)	2:11:13		2:11:13
257	60	192	Helen	Barry	F	25-29	limerick	19:16	(261)	3:01	0:58:36	(252)	1:10	0:49:10	(248)	2:11:13		2:11:13
258	197	182	David	Geary	M	35-39		23:28	(288)	3:42	0:56:40	(234)	1:08	0:46:16	(218)	2:11:14		2:11:14
259	62	333	Joanne	O'Flaherty	F	35-39		19:27	(264)	3:07	0:56:47	(236)	0:53	0:51:14	(267)	2:11:28		2:11:28
260	63	88	Carol	Forbes	F	30-34		15:43	(134)	2:42	1:01:31	(271)	1:09	0:50:30	(262)	2:11:35		2:11:35
261	198	30	David	Pyne	M	35-39		20:58	(272)	3:08	0:59:24	(257)	1:44	0:46:45	(224)	2:11:59		2:11:59
262	199	101	Colm	Ward	M	30-34		21:05	(273)	3:25	0:55:18	(216)	1:14	0:51:08	(266)	2:12:11		2:12:11
263	64	325	Elaine	Keavey	F	30-34	Ennis	16:48	(177)	4:23	0:59:40	(260)	2:21	0:49:26	(252)	2:12:38		2:12:38
264	65	198	Niamh	Fleming	F	40-44	BLACKWATER	18:50	(246)	2:10	0:58:23	(249)	0:57	0:52:22	(274)	2:12:42		2:12:42
265	66	269	Mary Cora	Roche	F	25-29		26:54	(295)	6:16	0:57:02	(237)	1:40	0:38:55	(88)	2:10:47	2:00	2:12:47
266	200	374	Gary	O'Brien	M	30-34		17:57	(219)	3:10	1:02:14	(277)	1:31	0:48:59	(245)	2:13:51		2:13:51
267	67	92	Noreen	O Connell	F	30-34	none	23:39	(289)	2:49	0:55:21	(217)	1:22	0:50:54	(264)	2:14:04		2:14:04
268	201	174	John	Cooke	M	25-29	None	15:55	(146)	4:53	0:59:26	(259)	0:53	0:53:01	(278)	2:14:09		2:14:09
269	202	98	Vincent	Hays	M	40-44	PREDATOR TRI CLUB	18:39	(242)	2:52	0:56:31	(231)	2:32	0:54:06	(281)	2:14:40		2:14:40
270	68	346	Sarah	Mc Sweeney	F	25-29	none	12:49	(33)	2:26	1:02:45	(280)	1:47	0:54:54	(283)	2:14:41		2:14:41
271	203	216	Greg	Leddin	M	25-29	n/a	19:00	(254)	4:39	0:56:33	(233)	2:17	0:52:51	(277)	2:15:22		2:15:22
272	69	81	Marese	Mannion	F	25-29		15:57	(147)	3:03	0:59:25	(258)	1:02	0:54:08	(282)	2:13:35	2:00	2:15:35
273	70	211	Elaine	Grandfield	F	30-34		18:03	(226)	3:04	0:57:48	(245)	1:02	0:55:56	(286)	2:15:52		2:15:52
274	204	40	Eoin	O Suilleabhain	M	25-29		21:35	(276)	4:44	1:02:17	(278)	1:04	0:46:39	(223)	2:16:20		2:16:20
275	205	112	Connor	Sheehy	M	25-29		17:58	(220)	4:07	0:59:58	(261)	1:10	0:51:25	(268)	2:14:38	2:00	2:16:38
276	71	297	Kirsty	Hayes	F	35-39		19:24	(263)	4:01	1:04:26	(283)	1:57	0:47:12	(228)	2:16:59		2:16:59
277	206	121	Declan	Bonfield	M	35-39		21:48	(281)	5:07	0:56:11	(226)	1:22	0:52:33	(275)	2:17:01		2:17:01
278	207	28	Eoin	Sheehan	M	25-29		17:15	(195)	6:07	0:57:29	(243)	1:57	0:52:43	(276)	2:15:31	2:00	2:17:31
279	208	225	Ray	Hickey	M	35-39		20:57	(271)	3:43	1:02:26	(279)	1:08	0:49:56	(258)	2:18:09		2:18:09
280	72	66	Aoife	Fennell	F	30-34		22:20	(283)	3:26	1:00:56	(266)	1:48	0:50:12	(260)	2:18:42		2:18:42

Pos	SexPos	Bib	Name	Surname	Sex	AG	Club	Swim	S_Pos	T1	Cycle	C_Pos	T2	Run	R_Pos	Finish	Pen	Total
281	73	372	Julie	Scanlon	F	20-24		17:09	(190)	3:41	1:04:05	(282)	1:02	0:53:26	(279)	2:19:23		2:19:23
282	74	35	Carmell	Demello	F	35-39		26:44	(294)	4:26	1:01:25	(270)	1:30	0:45:45	(214)	2:19:50		2:19:50
283	75	335	Liz	Keavey	F	30-34		21:40	(278)	6:01	1:01:19	(268)	1:32	0:49:52	(257)	2:20:24		2:20:24
284	209	170	Liam	Wolfe	M	25-29		26:27	(293)	4:27	1:01:40	(273)	0:59	0:47:03	(227)	2:20:36		2:20:36
285	210	67	John	Cooling	M	35-39		17:56	(218)	3:53	0:57:05	(239)	1:04	1:03:10	(295)	2:23:08		2:23:08
286	76	162	Roisin	O'Grady	F	30-34	Waterford Tri Club	28:05	(298)	3:14	1:01:36	(272)	1:50	0:49:43	(255)	2:24:28		2:24:28
287	211	173	Dave	Johnson	M	45-49		29:16	(301)	5:08	1:01:50	(274)	1:25	0:46:59	(226)	2:24:38		2:24:38
288	212	108	Harry	Goddard	M	35-39		21:38	(277)	4:07	1:08:39	(289)	1:16	0:49:30	(253)	2:25:09		2:25:09
289	213	345	Romuald	McSweeney	M	35-39	none	18:33	(239)	4:21	0:53:33	(195)	2:26	1:04:21	(297)	2:23:14	2:00	2:25:14
290	214	206	Andrew	Holmes	M	35-39	Limerick Triathlon Club	15:54	(145)	4:25	1:02:59	(281)	1:11	1:01:03	(293)	2:25:32		2:25:32
291	77	133	Rebecca	Bowes	F	30-34		18:56	(250)	3:12	1:08:43	(290)	0:57	0:54:03	(280)	2:25:51		2:25:51
292	78	205	Diane	Henry	F	30-34		18:16	(234)	3:10	1:09:03	(293)	1:26	0:54:58	(284)	2:26:52		2:26:52
293	215	406	Joe	McGlynn	M			34:48	(305)	5:44	0:54:41	(208)	2:39	0:50:11	(259)	2:28:02		2:28:02
294	79	164	Richard	Pepper	F	35-39		25:08	(291)	3:19	1:00:48	(265)	2:10	1:00:07	(291)	2:31:32		2:31:32
295	80	163	Elaine	O'Connor	F	35-39		16:55	(181)	4:10						2:31:32		2:31:32
296	81	153	Clare	O'Shea	F	30-34	TRICW	28:39	(300)	4:24	1:04:39	(284)	1:48	0:52:16	(272)	2:31:45		2:31:45
297	82	150	Lynsey	Dunne	F	30-34	N/A	14:20	(81)	3:38	1:11:32	(296)	1:16	1:03:28	(296)	2:34:14		2:34:14
298	83	168	Sinead	Quinn	F	20-24		20:05	(266)	2:59	1:10:47	(294)	0:58	1:01:37	(294)	2:36:26		2:36:26
299	84	56	Maria	Garrett	F	25-29		20:03	(265)	7:20	1:08:56	(292)	1:38	0:57:51	(289)	2:35:49	2:00	2:37:49
300	216	399	Carlos	D Unas	M	35-39		28:12	(299)	4:23	1:07:25	(288)	2:13	0:57:38	(288)	2:39:50		2:39:50
301	217	69	Karl	Ennis	M	45-49		30:27	(303)	4:41	1:18:31	(298)	1:40	0:45:35	(211)	2:40:54		2:40:54
302	85	124	Lorraine	Flanagan	F	30-34		27:40	(296)	3:47	1:11:04	(295)	1:21	0:59:30	(290)	2:43:22		2:43:22
303	218	385	John	Tynan	M	50-54		23:22	(287)	10:56	1:17:33	(297)	2:38	0:51:45	(271)	2:46:15		2:46:15
304	86	113	Maeve	O'Connell	F	45-49	individual	18:36	(241)	7:08	1:08:44	(291)	2:47	1:14:23	(298)	2:51:37		2:51:37
305	219	270	Brian	Roche	M	35-39		24:48	(290)	7:30	1:19:22	(300)	2:04	1:00:55	(292)	2:54:38	2:00	
		167	Clare	Cullinan	F	30-34		16:34	(170)	2:19	1:07:21	(287)				<b>DNF</b>		
		68	Edel	Ennis	F	45-49		30:28	(304)	4:38	1:18:37	(299)				<b>DNF</b>		
		306	Susan	Griffin	F	30-34		12:40	(30)	1:38						<b>DNF</b>		
		180	Conor	Kelly	M	25-29	Athlone Tri Club	14:31	(87)	1:32						<b>DNF</b>		
		73	Anne	Lernihan	F	30-34					0:56:15		1:02	0:44:45		<b>DNF Swim</b>		
		208	Barry	McDermott	M	25-29					0:56:03		0:46	0:43:13		<b>DNF Swim</b>		
		209	Sean	McDermott	M	25-29					0:55:46		1:07	0:44:35		<b>DNF Swim</b>		
		189	Paul	Nevin	M	40-44		13:44		1:42	0:47:06					<b>DQ Marhsal Abuse</b>		
		78	Moley	O Suilleabhain	M	25-29		18:01	(222)	5:24	1:19:39	(301)	1:12			<b>DNF</b>		
		210	Paul	Stapleton	M	40-44	Naas Triathlon Club	18:07	(228)	3:03						<b>DNF</b>		

Place	Bib	Relay Team Name	Swim	S_Rank	T1	Cycle	C_Rank	T2	Run	R_Rank	Finish	Pen	Total
1	403	Ailbhe Carroll	10:47	(1)	1:05	0:40:20	(2)	0:52	33:21	(4)	1:26:26		1:26:26
2	9	Analog Team	15:56	(10)	1:16	0:39:49	(1)	0:39	39:13	(10)	1:36:54		1:36:54
3	18	Padraig Egan	14:39	(6)	1:38	0:47:14	(10)	0:49	36:21	(6)	1:40:42		1:40:42
4	10	Ken Maher	16:39	(13)	2:04	0:46:13	(6)	1:11	36:39	(7)	1:42:46		1:42:46
5	25	Team Pfizer	20:55	(22)	1:22	0:42:31	(3)	0:59	37:05	(8)	1:42:53		1:42:53
6	3	Fergal Loughnane	15:23	(9)	1:26	0:50:21	(14)	0:41	35:10	(5)	1:43:01		1:43:01
7	12	Typhoon	15:10	(8)	1:21	0:48:23	(11)	0:49	38:03	(9)	1:43:45		1:43:45
8	401	Ruan Riot Revue	16:50	(14)	1:17	0:43:35	(4)	1:18	40:56	(11)	1:43:56		1:43:56
9	21	Grainne Flannery	18:27	(19)	1:19	0:53:37	(16)	0:39	30:35	(1)	1:44:38		1:44:38
10	2	Bang Bang Bong	19:40	(21)	1:12	0:53:41	(17)	0:45	32:57	(3)	1:48:15		1:48:15
11	11	Valentia	17:17	(17)	1:08	0:46:26	(7)	1:54	41:58	(14)	1:48:44		1:48:44
12	23	Fachna Murphy's Boys	14:05	(5)	1:36	0:47:09	(9)	1:25	45:37	(18)	1:49:52		1:49:52
13	398	Gavin Purtill	17:16	(15)	1:47	0:47:07	(8)	1:54	41:53	(13)	1:49:56		1:49:56
14	5	Team Reynolds	16:34	(12)		0:45:09	(5)	1:07	53:02	(25)	1:55:52		1:55:52
15	4	Rob Mullane	19:12	(20)	1:18	0:50:43	(15)	0:52	44:32	(16)	1:56:38		1:56:38
16	14	Caitlin O'Mahony	17:16	(16)	1:07	0:49:05	(13)	0:44	48:41	(22)	1:56:54		1:56:54
17	22	Team Thai	16:31	(11)	1:24	0:57:42	(19)	1:35	41:41	(12)	1:58:52		1:58:52
18	6	Team Ryan	11:54	(2)	1:13	0:58:02	(20)	0:52	47:56	(21)	1:59:57		1:59:57
19	24	The Forge	22:12	(23)		1:06:11	(26)		32:35	(2)	2:00:58		2:00:58
20	8	Dean Deifir	15:04	(7)	1:22	0:48:31	(12)	0:55	59:37	(27)	2:05:29		2:05:29
21	13	Sharon Gilmore	23:19	(25)	1:14	0:54:47	(18)	0:50	45:36	(17)	2:05:46		2:05:46
22	20	Fattys on Tour	17:53	(18)	1:18	1:02:29	(23)	0:59	44:10	(15)	2:06:50		2:06:50
23	17	John Curtin	13:22	(4)	4:01	1:04:13	(25)	1:00	51:50	(23)	2:14:25		2:14:25
24	19	The Delis	13:10	(3)	1:35	1:02:40	(24)	1:14	59:02	(26)	2:17:41		2:17:41
25	1	The Hobbits	28:42	(26)	2:02	0:59:57	(21)	1:09	45:53	(19)	2:17:43		2:17:43
26	397	Caroline Woods	22:13	(24)	1:48	1:02:01	(22)	1:54	52:54	(24)	2:20:50		2:20:50
27	7	Olive Liddane	28:51	(27)	2:07	1:12:31	(27)	1:07	47:07	(20)	2:31:43		2:31:43